



Lauren Carroll

Non-Union

Website: www.LaurenCarroll.com

Phone: 405-921-5543

Email: LaurenCarroll.actor@gmail.com



PERSONAL DETAILS

Height; 5'4"

Weight; 120 lbs

Build; Athletic

Eyes; Brown

Hair; Blonde

AREAS OF EXPERTISE

Vocal

Soprano

Range (F3–F6)

Musical Theatre,

Classical, pop/rock

Belting, High mix,

Coloratura Soprano

Regional Accents

New Yorker, British,

Russian, Hungarian,

French, Irish, Scottish

Special skills

Character Voices

Splits, Cartwheel,

Roundoff, Toe Touch,

Roller-Skate,

Technical Theatre Skills

Set / landscape painting

Basic lighting hang/focus

Costume repair,

Theatrical makeup,

Basic wig/hair styling

Children's Education

Professional & Regional Theatre

Calpurnia's Priestess	Julius Caesar	*Oklahoma Shakespeare in the Park
Signe Engleson	Church Basement Ladies	Great Plains Theatre
Ensemble/Stepmother U/S * Equity Theatre	Cinderella	Great Plains Theatre

Television

Singer / Actor	Oklahoma City Zoo Commercial
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Theatre /Academic Theatre

Sherrie	Rock of ages	C.L. Hoover Opera House
Little Red	Into The Woods	The Columbian Theatre
Brooke Ashton	Noises off	C.L. Hoover Opera House
Mollie	Agatha Christie's The Mousetrap	The Columbian Theatre
Ivy	Bare: A Pop Opera	Manhattan Arts Center
Mrs. Wormwood	Matilda	The Columbian Theatre
Ariel	Footloose	C.L. Hoover Opera House
Beth	Little Women (play)	The Columbian Theatre
Countess Andrenyi	Murder on the Orient Express	C.L. Hoover Opera House
Caliban	The Tempest	Readers Theater Manhattan
Mrs. Sowerberry	Oliver	Manhattan Arts center

Dance

Ballet, Pointe, Musical Theatre, Jazz, Lyrical, Cheer, Pom, Ballroom, Tap, Fosse, Partnering

Dance Roles & Companies

Company Dancer for Topeka Kansas's Ballet Midwest – Soloist

Solider Doll / Flower	Nutcracker	Ballet Midwest 2025
Aristocrat/Corps de ballet	Romeo and Juliet	Ballet Midwest 2025
Senorita/ Party Guest	Nutcracker	Ballet Midwest 2024

Drover Dancer for the University of Science and Arts of Oklahoma

Dance Education

Trained in Balanchine Ballet under Kay Sandel Professor of Dance at OCU (15years)

Trained under Jacob Sparso Ballet Master for the Oklahoma City Ballet for 1year

Studied Dance at the University of Science and Arts of Oklahoma

Currently Training at Barbara's Conservatory of Dance

Vocal Education

Studied under Dr. Amy Rosine at Kansas State University

Studied Musical Theater, soprano Mix, belt Jazz, Pop, under Narlene Allen