



# Lauren Carroll



Non-Union

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## PERSONAL DETAILS

Height; 5'4"

Weight; 120 lbs

Build; Athletic

Eyes; Brown

Hair; Blonde

## AREAS OF EXPERTISE

### **Vocal**

*Soprano*

*Range (F3–F6)*

*Musical Theatre,*

*Classical, pop/rock*

*Belting, High mix,*

*Coloratura Soprano*

### **Regional Accents**

*New Yorker, British,*

*Russian, Hungarian,*

*French, Irish, Scottish*

### **Special skills**

*Character Voices*

*Splits, Cartwheel,*

*Roundoff, Toe Touch,*

*Roller-Skate,*

### **Technical Theatre Skills**

*Set / landscape painting*

*Basic lighting hang/focus*

*Costume repair,*

*Theatrical makeup,*

*Basic wig/hair styling*

*Children's Education*

## **Regional Theatre**

Calpurnia's Priestess	Julius Caesar	*Oklahoma Shakespeare in the Park
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\*Notes Equity Theatre

## **Television**

Singer / Actor	Oklahoma City Zoo Commercial
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## **Theatre /Academic Theatre**

Sherrie	Rock of ages	C.L. Hoover Opera House
Little Red	Into The Woods	The Columbian Theatre
Brooke Ashton	Noises off	C.L. Hoover Opera House
Mollie	Agatha Christie's The Mousetrap	The Columbian Theatre
Ivy	Bare: A Pop Opera	Manhattan Arts Center
Mrs. Wormwood	Matilda	The Columbian Theatre
Ariel	Footloose	C.L. Hoover Opera House
Beth	Little Women (play)	The Columbian Theatre
Countess Andrenyi	Murder on the Orient Express	C.L. Hoover Opera House
Caliban	The Tempest	Readers Theater Manhattan
Mrs. Sowerberry	Oliver	Manhattan Arts center

## **Dance**

Ballet, Pointe, Musical Theatre, Jazz, Lyrical, Cheer, Pom, Ballroom, Tap, Fosse, Partnering

## **Dance Roles & Companies**

Company Dancer for Topeka Kansas's Ballet Midwest – Soloist

Solider Doll / Flower	Nutcracker	Ballet Midwest 2025
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Aristocrat/Corps de ballet	Romeo and Juliet	Ballet Midwest 2025
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Senorita/ Party Guest	Nutcracker	Ballet Midwest 2024
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Drover Dancer for the University of Science and Arts of Oklahoma

## **Dance Education**

Trained in Balanchine Ballet under Kay Sandel Professor of Dance at OCU (15years)

Trained under Jacob Sparso Ballet Master for the Oklahoma City Ballet for 1year

Studied Dance at the University of Science and Arts of Oklahoma

Currently Training at Barbara's Conservatory of Dance

## **Vocal Education**

Studied under Dr. Amy Rosine at Kansas state university

Studied Musical Theater, soprano Mix, belt Jazz, Pop, under Narlene Allen