



Lauren Carroll



Non-Union

Website: www.LaurenCarroll.com

Phone: 405-921-5543

Email: LaurenCarroll.actor@gmail.com

PERSONAL DETAILS

Height; 5'4"

Weight; 120 lbs

Build; Athletic

Eyes; Brown

Hair; Blonde

AREAS OF EXPERTISE

Vocal

Soprano

Range (F3–F6)

Musical Theatre,

Classical, pop/rock

Belting, High mix,

Coloratura Soprano

Regional Accents

New Yorker, British,

Russian, Hungarian,

French, Irish, Scottish

Special skills

Character Voices

Splits, Cartwheel,

Roundoff, Toe Touch,

Roller-Skate,

Technical Theatre

Skills

Set / landscape painting

Basic lighting hang/focus

Costume repair,

Theatrical makeup,

Basic wig/hair styling

Children's Education

Professional & Regional Theatre

Calpurnia's Priestess Julius Caesar *Oklahoma Shakespeare in the Park

Signe Engleson Church Basement Ladies Great Plains Theatre

Ensemble/Stepmother U/S Cinderella (in rehearsal) Great Plains Theatre

*Equity Theatre

Television

Singer / Actor Oklahoma City Zoo Commercial

Theatre /Academic Theatre

Sherrie Rock of ages C.L. Hoover Opera House

Little Red Into The Woods The Columbian Theatre

Brooke Ashton Noises off C.L. Hoover Opera House

Mollie Agatha Christie's The Mousetrap The Columbian Theatre

Ivy Bare: A Pop Opera Manhattan Arts Center

Mrs. Wormwood Matilda The Columbian Theatre

Ariel Footloose C.L. Hoover Opera House

Beth Little Women (play) The Columbian Theatre

Countess Andrenyi Murder on the Orient Express C.L. Hoover Opera House

Caliban The Tempest Readers Theater Manhattan

Mrs. Sowerberry Oliver Manhattan Arts center

Dance

Ballet, Pointe, Musical Theatre, Jazz, Lyrical, Cheer, Pom, Ballroom, Tap, Fosse, Partnering

Dance Roles & Companies

Company Dancer for Topeka Kansas's Ballet Midwest – Soloist

Solider Doll / Flower Nutcracker Ballet Midwest 2025

Aristocrat/Corps de ballet Romeo and Juliet Ballet Midwest 2025

Senorita/ Party Guest Nutcracker Ballet Midwest 2024

Drover Dancer for the University of Science and Arts of Oklahoma

Education

B.S Physics Minor in Liberal Arts from the University of Science and Arts of Oklahoma

Master of Science in Physics (M.S.), High Energy Physics Kansas state university

Dance Education

Trained in Balanchine Ballet under Kay Sandel Professor of Dance at OCU (15years)

Trained under Jacob Sparso Ballet Master for the Oklahoma City Ballet for 1year

Studied Dance at the University of Science and Arts of Oklahoma

Currently Training at Barbara's Conservatory of Dance

Vocal Education

Studied under Dr. Amy Rosine at Kansas state university

Studied Musical Theater, soprano Mix, belt Jazz, Pop, under Narlene Allen